

## SMOOTHIES..... FROM £5.00

Dairy Free +£1

### THICKSHAKE - with ice cream and milk

chocolate | strawberry | vanilla | salted caramel | honeycomb

**add for +50p:** snickers | malteser | skittles | mint aero

mars | m&m | crunchie

### DATE SMOOTHIE

dates, banana, almonds and ice cream

### EXPRESSO SMOOTHIE

two shots of Volcano espresso, cinnamon, honey, banana, milk and ice cream

### ACTIVE SMOOTHIE

banana, blueberries and ice cream

### POWER SMOOTHIE

banana, peanut butter, chocolate sauce and ice cream

### PARADISE SMOOTHIE

pineapple, orange, banana, coconut water and ice cream

### FRUITY NUTTER SMOOTHIE +80p

banana, peanut butter, blueberries, strawberries, honey and almond milk

### BANANA BANG SMOOTHIE

banana, cinnamon, honey, ice cream, milk and ice

### BERRY-LICIOUS SMOOTHIE

berries, ice cream, honey and apple

### BERRY BLAST SMOOTHIE +50p

mixed berries, cranberry juice, banana, honey, ice

### GREEN & GLORIOUS SMOOTHIE +50p

coconut water, spinach, avocado, apple juice, banana



### FRESHLY SQUEEZED ORANGE JUICE £4.00

in-house freshly squeezed delicious orange juice

## ORDER ONLINE

at [www.toolandgaugue.com](http://www.toolandgaugue.com)

or call us on 01373 476334

small delivery fee may apply  
some dishes are subject to availability

## HOT DRINKS

FLAT WHITE, CAPPUCCINO, LATTE...£3.00

AMERICANO.....£2.80

MOCHA.....£3.20

ESPRESSO, MACCHIATO.....£2.20

ICE LATTE.....£3.50

**add syrup for +60p:** chocolate | vanilla | caramel  
gingerbread | hazelnut | salted caramel

dairy alternatives for coffees: soy, almond, coconut or oat +£0.20

**we serve volcano coffee as a double shot**

**extra shots +£0.50**

**large cup +£0.50**

HOT CHOCOLATE.....£3.80

Freshly made with dark, milk or white chocolate  
peanut butter | chocolate orange | caramel +£0.60  
Whipped cream & Marshmallow options +£0.50

SELECTION OF TEAS.....£2.40

english breakfast | earl grey | yorkshire | rooibos green  
tea chamomile | lemongrass | decaf breakfast | liquorice &  
peppermint | super fruit

## Cakes & Puddings

HOUSE MADE CHOCOLATE  
BROWNIES (gf, df).....£2.50

FLAPJACKS WITH STYLE (gf, df)....FROM £2.50

CHOCOLATE & CLEMENTINE  
TORTE (gf, df).....£4.00

TRIPLE CHOCOLATE CAKE (gf, df).....£3.50

BAKEWELL SLICE.....£3.50

FRUITY SLICE.....£3.50

## TOOL & GAUGE



## IN-HOUSE, DELIVERY and DRIVE THRU SERVICE

OPEN: 8.30AM - 3PM MONDAY TO THURSDAY  
8.30AM - 7PM FRIDAY | 8.30AM - 5PM SATURDAY

SEE OUR CHILLER FOR MORE OPTIONS & SPECIALS



# LUNCH AND DINNER

GO ONLINE AND SIGN UP FOR OUR DAILY SPECIALS

**MOUSSAKA** (gf, df).....**£12.00**  
a delectable variety of lamb mince, eggplant and tomato, stacked and baked

**LAMB SAAG** (gf, df).....**£12.00**  
delicious lamb and spinach curry, with spring onions and mixed spices  
add rice or fries **+£1.50**  
add side salad **+£2.50**

**ROAST SALMON OR PAN FRIED SEABASS** (gf, df).....**£11.00**  
our specially roast salmon or fried seabass served with fries & mixed leaf salad  
choose your fries type: skinny | thick | sweet potato (+£1)

**FALAFEL SALAD BOWL** (gf, df).....**£9.00**  
deep fried falafels with a portion of homemade hummus, mayo slaw and mixed leaf salad

**ROAST CHICKEN SALAD BOWL** (gf, df).....**£8.00**  
lightly roasted chicken slices on a bed of mixed leaf salad with aioli & chilli jam  
add bacon **+£1.50**

**LAMB RISSOLES SALAD BOWL** (gf, df).....**£8.00**  
lightly fried delectable lamb rissole balls served on a bed of lettuce and fried spinach

**JACKET POTATO** (gf, df).....**£7.50**  
with topping options, served with mayo slaw and salad garnish  
choose your filling: beans and cheese | pulled pork | fried chicken  
with pomegranate and mayo | tuna mayo & red onion | tuna mayo and cheese

**MINUTE STEAK AND FRIES** (gf, df).....**£13.00**  
westcountry steak, herb butter with fries and garnish

We use lots of different ingredients in our kitchen, so we can't guarantee our food is completely free of any allergens.  
Please let our staff know of any allergens you have before you order

## HOT SANDWICHES OF THE DAY

**FROM £7.00** (gf, df options).....**+£1**  
chicken, chorizo & cheese melt | bacon, ham, onion & cheese melt | tuna, mayo & cheese melt | falafel, hummus & sweet chilli sauce  
roast vegetables & cheese melt | the pizza edit | the italian | chicken caesar salad

**COLD SANDWICHES** (gf, df options)....**FROM £4.50**  
cheese & pickle | cheese, tomato & mayo **+50p** | ham, cheese & mayo **+50p** | tuna mayo **+50p** | BLT **+£2**  
add extra fillings to your sandwich from **+60p**

**CLASSIC SAUSAGE ROLLS**.....**£2.00**  
classic pork sausage roll  
**FRIES & AIOLI** (gf, df).....**£4.00**  
skinny | thick  
switch to sweet potato fries **+£1.00**  
add melted cheese **+£1.50**

## BURGERS

add fries and choose from skinny or thick 2.00 | sweet potato 3.00  
**THE FROME LAMB DOG** (gf, df options).....**£5.00**  
pulled lamb and caramelised onion in a hot dog

**FARMERS BURGER** (gf, df options).....**£7.50**  
succulent west country beef with mayonnaise, lettuce, tomato and cheese  
**ZEN HEN BURGER** (gf, df options).....**£9.00**  
organic fried chicken with aioli, lettuce, tomato and smashed avocado

**MEGA WORKS BURGER** (gf, df options).....**£10.00**  
your choice of chicken or beef burger with bacon, melted cheese, chilli jam onions and optional hash brown

**FALAFEL BURGER** (gf, df options).....**£9.00**  
authentic falafel burger with aioli, lettuce, tomato, smashed avocado and sweet chilli sauce  
**TEXAS RANGER BURGER** (gf, df options).....**£9.00**  
barbecued pulled pork with fried onions, BBQ sauce and mayo slaw

**ITALIAN BURGER** (gf, df options).....**£10.00**  
succulent beef burger with parma ham, salami, mozzarella, Italian cheese, sundried tomatoes and rocket  
**MOROCCAN BURGER** (gf, df options).....**£9.50**  
juicy lamb burger with fresh lettuce, tomato, fried onions, aioli, smashed avo and drizzled with chilli sauce

**BREAKFAST BURGER** (gf, df options).....**£10.00**  
all the great things about breakfast in a burger: burger patty with streaky bacon, fried egg, melted cheese, hash brown, topped with mayo and ketchup

MANOR RD, MARSTON TRADING ESTATE, FROME BA11 4FN

# ALL DAY BREAKFAST

**BIG BREAKFAST** (gf, df options).....**£9.50**  
sausage, bacon, hash brown, mushroom, beans, 2 eggs your style, tomato & toast

**VEGGIE BREAKFAST** (gf, df options).....**£9.00**  
scrambled, fried or poached eggs on toast with vegetarian sausage, roast tomato, fried spinach, baked beans, mushrooms & a hash brown  
**EGGS YOUR WAY** (gf, df options)....**FROM £4.00**  
Poached, fried or scrambled on toast of your choice  
add bacon **£2** | sausage **£2** | avocado **£1.50**  
tomato **£1** | smoked salmon **£4** | mushrooms **£1.50**  
hash brown **£1** | veggie sausage **£2** | beans **£1**  
sourdough **£1** | fried spinach **£2**

**BAPS TO START THE DAY** (gf, df options).....**£4.50**  
egg & hash brown.....**£4.50**  
egg & bacon.....**£5.00**  
egg & sausage.....**£5.00**  
egg, bacon & sausage.....**£7.00**  
egg, bacon, sausage, hash brown.....**£7.00**  
vegie sausage & hash brown.....**£5.50**

**GRANOLA SMOOTHIE BOWL** (gf, df) .....**£7.00**  
homemade honey granola with strawberry and banana smoothie

**PROTEIN PANCAKES WITH MAPLE SYRUP** (gf, df options).....**£5.50**  
add bacon **+£1.50** | berries **+£1.25** | banana **+£1**  
nut butter **+£1.50** | ice cream **+£1.50**  
homemade granola **+£1.50**

**TOAST** (gf, df options).....**FROM £2.80**  
jam or honey **+50p** | peanut butter topping **+£1.50**  
add cheese **+£1.50** | beans **+£2** | switch to sourdough **+£1**

**FILLED CROISSANT**.....**FROM £3.50**  
bacon, avocado and tomato **+£2** | salami & cheese | ham & cheese  
cheese & tomato

**MEGA CROISSANT**.....**£6.00**  
croissant filled to the max with cheese, salami, chorizo, tomato, avocado and chilli jam

**MIXED PASTRIES**.....**FROM £1.50**  
croissant **£1.50** | almond croissant **£2** | pain au chocolat **£1.50**  
cinnamon swirl **£1.80**

**PORRIDGE** (gf, df available).....**£3.00**  
drizzled with honey  
add blueberries **+£1.50** | banana **+£1.20** | | homemade granola **+£1.50** | peanut butter **+£1.50**